

## HEALTH EDUCATION/PHYSICAL EDUCATION

Each school shall organize and maintain a physical and health education program in accordance with State Board of Education regulations and State Board of Health guidelines.

The Charles City County School Division's goal is that a program of physical fitness will be available to all students for at least 150 minutes per week on average during the regular school year. Such program may include any combination of physical education classes, extracurricular activities, and other programs and activities.

Adopted: September 17, 2002      Revised July 20, 2010  
Revised July 15, 2008

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Legal Ref.: Code of Virginia, 1950, as amended, §§ 22.1-207, 22.1-212.1:1, 22.1-253.13:1.D.14.

8 VAC 20-720-90.

Cross Refs.: IGAG Teaching About Drugs, Alcohol, and Tobacco  
JHCA Physical Examinations of Students  
JHCF Student Wellness  
JO Student Records