

# January 2017

# C.C.E.S

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cold Plate Fish w/Hush Puppies Steamed Corn Green Peas Fresh Fruit Assorted Fruit Cups	3 Cold Plate Chicken Nuggets Steamed Kale French Fries Biscuit Fresh Fruit Assorted Fruit Cups	4 Cold Plate Salisbury Steak w/Gravy Whipped Potatoes Green Beans WW Roll Fresh Fruit Assorted Fruit Cups	5 Cold Plate Corn Dog Nuggets Baked Beans Steamed Spinach Fresh Fruit Assorted Fruit Cups	6 Cold Plate Quesadilla Steamed Carrots Black Bean w/Corn Fresh Fruit Assorted Fruit Cups
9 Cold Plate Chicken Nuggets w/Roll Black Beans & Corn Steamed Veggies Fresh Fruit Assorted Fruit Cups	10 Cold Plate Fish on Bun Steamed Collards Roasted Potatoes Fresh Fruit Assorted Fruit Cups	11 Cold Plate Vegetable Beef Soup Romaine Toss Salad Grilled Cheese Fruit Cobbler Fresh Fruit Assorted Fruit Cups	12 Cold Plate Cheeseburger on Bun Potato Wedges Fresh Broccoli w/Dip Fresh Fruit Assorted Fruit Cups	13 Cold Plate Pizza Hut Pizza Sweet Potato Fries Steamed Spinach Fresh Fruit Assorted Fruit Cups
16 <b>School Closed</b> <b>MLK Day</b>	17 Cold Plate Taco w/Cheese Lettuce & Tomatoes Steamed Corn Spanish Rice Fresh Fruit Assorted Fruit Cups	18 Cold Plate Calazonette Toss Salad Oven Baked Fries Fresh Fruit Assorted Fruit Cups	19 Cold Plates BBQ on Bun Baked Apples Cole Slaw Fresh fruit Assorted Fruit Cups	20 Cold Plate Pizza Hut Pizza Carrot w/Dip Steamed Corn Fresh fruit Assorted Fruit Cups
23 Cold Plate Fish Sticks w/Hush Puppies Steamed Kale Baked Beans Fresh Fruit Assorted Fruit Cups	24 Cold Plate Chicken Patty on Bun Steamed Broccoli Steamed Beets Fresh Fruit Assorted Fruit Cups	25 Cold Plate Corn Dog Pinto Beans Steamed Spinach Fresh Fruit Assorted Fruit Cups	26 Cold Plate Turkey & Cheese On Flatbread Baked French Fries Green Peas Fresh Fruit Assorted Fruit Cups	27 <b>School Closed</b>
30 Cold Plate Cheeseburger on Bun Potato Wedges Steamed Kale Fresh Fruit Assorted Fruit Cups	31 Cold Plate Spaghetti w/Meat Sauce Steamed Corn Romaine Toss Salad Fresh Fruit Assorted Fruit Cups			