

October 2017

C.C.E.S.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| 2 Tiger Cold Plate Corn Dog Nuggets Steamed Kale Baked Beans Fresh Fruit Assorted Fruit Cups | 3 Tiger Cold Plate Chicken Nuggets w/Biscuit Sweet Potato Fries Steamed Broccoli Fresh Fruit Assorted Fruit Cups | 4 Tiger Cold Plate Ham & Cheese on Ciabatta Bun Oven Baked Fries Chopped House Salad Fresh Fruit Assorted Fruit Cups | 5 Tiger Cold Plate Salisbury Steak w/Gravy Whipped Potatoes Steamed Green Beans Fresh Fruit Assorted Fruit Cups | 6 Tiger Cold Plate Pizza Hut Pizza Crunchy Broccoli Salad Steamed Carrots Fresh Fruit Assorted Fruit Cups |
| 9 Tiger Cold Plate Calzonette w/Marinara Sauce Steamed Corn Steamed Greens Fresh Fruit Assorted Fruit Cups | 10 Tiger Cold Plate Oven Baked Fish on Bun Roasted Potatoes Steamed Broccoli Fresh Fruit Assorted Fruit Cups | 11 Tiger Cold Plate Chicken Tender w/Roll Whipped Sweet Potatoes Green Peas Fresh Fruit Assorted Fruit Cups | 12 Tiger Cold Plate Spaghetti w/Meat Sauce Breadstick Romaine Toss Salad Steamed Carrots Fresh Fruit Assorted Fruit Cups | 13 Tiger Cold Plate Pizza Hut Pizza Green Beans Fresh Veggies w/Dip Fresh Fruit Assorted Fruit Cups |
| 16 Tiger Cold Plate Cheeseburger on Bun Baked Sweet Potato Puffs Green Peas Fresh Fruit Assorted Fruit Cups | 17 Tiger Cold Plate Grilled Chicken over Brown Rice Steamed Broccoli Steamed Corn Fresh Fruit Assorted Fruit Cups | 18 Tiger Cold Plate Chicken Patty on Bun Roasted Potatoes Steamed Spinach Fresh Fruit Assorted Fruit Cups | 19 Tiger Cold Plate Corn Dog Nuggets Steamed Kale Baked Vegetarian Beans Fresh Fruit Assorted Fruit Cups | 20 Tiger Cold Plate Pizza Hut Pizza Glazed Beets Fresh Veggie Cup w/Dip Fresh Fruit Assorted Fruit Cups |
| 23 Tiger Cold Plate Chicken Nuggets w/Biscuit Steamed Broccoli Steamed Carrots Fresh Fruit Assorted Fruit Cups | 24 Tiger Cold Plate Ham & Cheese on Ciabatta Bun Oven Baked Fries Chopped House Sale Fresh Fruit Assorted Fruit | 25 Tiger Cold Plate Salisbury Steak w/Gravy Whipped Potatoes Steamed Green Beans Fresh Fruit Assorted Fruit Cups | 26 Tiger Cold Plata Calzonette w/Marian Sauce Steamed Corn Season Greens Fresh Fruit Assorted Fruit Cups | 27 Tiger Cold Plate Pizza Hut Pizza Steamed Green Beans Fresh Veggies w/LF Dip Fresh Fruit Assorted Fruit Cups |
| 30 Tiger Cold Plate Oven Bake Fish on Bun Roasted Potatoes Green Peas Fresh Fruit Assorted Fruit Cups | 31 Tiger Cold Plate Spaghetti w/Meat Sauce Breadstick Romaine Toss Salad Steamed Carrots Fresh Fruit Assorted Fruit Cups | | | |