


# C.C.H.S. December 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Panther Power Salad Tuna Salad On Bun Romaine Toss Salad Green Peas Sweet Potato Puffs Fresh Fruit Assorted Fruit Cups
4 Panther Power Salad Cheeseburger On Bun Steamed Spinach Sweet Potato Puffs Blackeye Peas Fresh Fruit Assorted Fruit Cups	5 Panther Power Salad BBQ On Bun Cinnamon Apples Cole Slaw Corn On Cob Fresh Fruit Assorted Fruit Cups	6 Panther Power Salad Grilled Chicken Alfredo Over Noodles Steamed Broccoli Steamed Carrots Salad Cups Fresh Fruit Assorted Fruit Cups	7 Panther Power Salad Hot Dog On Bun Baked Vegetarian Beans Steamed Kale Steamed Mixed Veggies Fresh Fruit Assorted Fruit Cups	8 Panther Power Salad Chicken Tenders w Biscuit Baked Potato Steamed Mixed Greens Glazed Beets Fresh Fruit Assorted Fruit Cups
11 Panther Power Salad Vegetable Beef Soup Grilled Cheese Romaine Toss Salad Steamed Carrots Fresh Fruit Assorted Fruit Cups	12 Panther Power Salad Buffalo Chicken Wings Oven Baked Fries Steamed Broccoli Veggies w/ Low Fat Dip Fresh Fruit Assorted Fruit Cups	13 Panther Power Salad Turkey & Cheese On Bun Romaine Toss Salad Green Peas Oven Baked Fries Fresh Fruit Assorted Fruit Cups	14 Panther Power Salad Oven Roasted Chicken Green Beans Candied Yams WW Roll Cake Fruited Jello Fresh Fruit	15 Panther Power Salad Cheeseburger on Bun Steamed Kale Steamed Corn Salad Cup Fresh Fruit Assorted Fruit Cups
18 Panther Power Salad Pork Chop Fritter On Bun Whipped Potatoes Toss Salad Steamed Collards Fresh Fruit Assorted Fruit Cups	19 Panther Power Salad Oven Baked Fish On Bun Steamed Broccoli Steamed Corn Salad Cups Fresh Fruit Assorted Fruit Cups	20 Panther Power Salad BBQ Wings w/Bread Stick Sweet Potato Puffs Cole Slaw Cinnamon Apples Fresh Fruit Assorted Fruit Cups	<p><b>Happy Holiday</b></p> <p><b>And</b></p> <p><b>Happy New Year</b></p>	

**Happy Holiday**

**And**

**Happy New Year**