



CCES October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 Tiger Cold Plate Fish on Bun Whipped Potatoes Steamed Greens Fresh Fruit Assorted Fruit Cups	2 Cold Plate Spaghetti w/ Meat Sauce Garden Salad Steamed Corn Garlic Knots Fresh Fruit Assorted Fruit Cups	3 Cold Plate Cheeseburger on Bun Oven Baked Fries Steamed Spinach Fresh Fruit Assorted Fruit Cups	4 Cold Plate Chicken Patty on Bun Steamed Broccoli Steamed Carrots Fresh Fruit Assorted Fruit Cups	5 Tiger Cold Plate Pizza Hut Pizza Sweet Potato Puffs Green Peas Fresh Fruit Assorted Fruit Cups
8 Tiger Cold Plate Chicken Quesadilla Steamed Spinach Black Beans Steamed Corn Fresh Fruit Assorted Fruit Cups	9 Tiger Cold Plate Turkey & Cheese on Bun Oven Baked Fries Green Peas Fresh Fruit Assorted Fruit Cups	10 Tiger Cold Plate Hot Dog on Bun Baked Beans Steamed Kale Fresh Fruit Assorted Fruit Cups	11 Tiger Cold Plate Vegetable Beef Soup Grilled Cheese Sandwich Garden Salad Fresh Fruit Assorted Fruit Cups	12 Tiger Cold Plate Pizza Hut Pizza Sweet Potato Puffs Mixed Greens Fresh Fruit Assorted Fruit Cups
15 Tiger Cold Plate Grilled Chicken Over Rice Steamed Broccoli Steamed Carrots Fresh Fruit Assorted Fruit Cups	16 Tiger Cold Plate Salisbury Steak & Gravy Whipped Potatoes Green Beans WW Roll Fresh Fruit Assorted Fruit Cups	17 Tiger Cold Plate BBQ on Bun Cinnamon Baked Apples Sweet Potato Puffs Fresh Fruit Assorted Fruit Cups	18 Tiger Cold Plate Chicken Patty on Bun Steamed Spinach Steamed Corn Fresh Fruit Assorted Fruit Cups	19 Tiger Cold Plate Pizza Hut Pizza Baby Carrots W Dip Steamed Beets Fresh Fruit Assorted Fruit Cups
22 Tiger Cold Plate Chicken Nuggets w Biscuit Roasted Potatoes Mixed Greens Fresh Fruit Assorted Fruit Cups	23 Tiger Cold Plate Ham & Cheese on Bun Potato Round Green Beans Fresh Fruit Assorted Fruit Cups	24 Tiger Cold Plate Taco w/Cheese Lettuce & Tomato Black Beans & Corn Steamed Carrots Fresh Fruit Assorted Fruit Cups	25 Tiger Cold Plate Salisbury Steak & Gravy Whipped Potatoes Green Beans Whole Grain Rolls Fresh Fruit Assorted Fruit Cups	26 Tiger Cold Plate Pizza Hut Pizza Garden Salad Steamed Corn Fresh Fruit Assorted Fruit Cups
29 Tiger Cold Plate Hot Dog on Bun Steamed Kale Baked Beans Fresh Fruit Assorted Fruit Cups	30 Tiger Cold Plate Turkey & Cheese On Bun Oven Baked Fries Toss Salad Fresh Fruit Assorted Fruit Cups	31 Tiger Cold Plate Chicken Leg Drummys Whipped Sweet Potatoes Green Beans Whole Grain Roll Fresh Fruit Assorted Fruit Cups		