



NOVEMBER 2018 C.C.H.S.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Panther Power Salad BBQ on Bun Spicy Chicken on Bun Steamed Spinach Baked Beans Salad Cups Assorted Fruit Cups Fresh Fruit	2 Panther Power Salad Pizza Pin Wheels Fish on Bun Romaine Toss Salad Steamed Corn Fresh Fruit Assorted Fruit Cups
5 Panther Power Salad Hot Dog on Bun Oven Baked Fries Mixed Greens Fresh Fruit Assorted Fruit Cups	6 Closed Election Day Parent — Teacher Conferences 	7 Panther Power Salad Chicken Tenders Salisbury Steak & Gravy Baked Potato Salad Cup Mixed Greens Dinner Roll Fresh Fruit Assorted Fruit Cups	8 Panther Power Salad Assorted Pizza Chicken Patty on Bun Romaine Toss Salad Steamed Carrots Green Peas Assorted Fruit Fresh Fruit	9 Panther Power Salad Fish on Bun BBQ on Bun Baked Beans Cole Slaw Cinnamon Apples Fresh Fruit Assorted Fruit Cups
12 Panther Powers Salad Hot on Bun Catfish on Bun Steamed Kale Roasted Potatoes Fresh Fruit Assorted Fruit Cups	13 Panther Power Salad Pizza Pin Wheels Cheeseburger on Bun Fresh Carrots W Dip Green Peas Sweet Potato Puffs Fresh Fruit Assorted Fruit Cups	14 Oven Roasted Turkey Stuffing & Gravy Candied Yams Green Beans Cake Fruited Jello Whole Wheat Dinner Roll	15 Panther Power Salad Spaghetti w Meat Sauce Spicy Chicken Patty on Bun Romaine Toss Salad Steamed Carrots Garlic Knots Assorted Fruit Cups Fresh Fruit	16 Panther Power Salad Cheeseburger on Bun Pork Chop Fritter on Bun Oven Baked Fries Steamed Spinach Fresh Veggie Cup Fresh Fruit Assorted Fruit Cups
19 Panther Power Salad Crispy Chicken Caesar Wrap Salisbury Steak & Gravy Steamed Kale Whipped Potatoes Dinner Roll Fresh Fruit Assorted Fruit Cups	20 Panther Power Salad Hot Dog On Bun Chicken Patty on Bun Baked Vegetarian Beans Steamed Collards Salad Cup Fresh Fruit Assorted Fruit Cups	21 Thanksgiving 	22 Holiday 	23 Closed 
26 Panther Power Salad Catfish w Corn Muffin Pork Chop Fritter on Bun Sweet Potato Puffs Green Beans Veggie Cup w Dip Fresh fruit Assorted Fruit Cups	27 Panther Power Salad Spicy Crispy Chicken Wrap Cheeseburger on Bun Steamed Corn Garden Salad Oven Baked Fries Fresh Fruit Assorted Fruit Cups	28 Panther Power Salad Vegetable Beef Soup Turkey & Cheese on Bun Grilled Cheese Romaine Toss Salad Fresh Fruit Assorted Fruit Cups	29 Panther Power Salad Orange Chicken Egg Rolls Vegetable Fried Rice Steamed Broccoli Glazed Beets Fresh Fruit Assorted Fruit Cups	