

Monday	Tuesday	Wednesday	Thursday	Friday
<h1 style="color: #4a7ebb; opacity: 0.5;">CCHS January 2019</h1>				
7 Panther Power Salad Turkey & Cheese Wrap Oven Baked Chicken Whipped Sweet Potatoes Green Beans Whole Wheat Roll Fresh Fruit Assorted Fruit Cups	8 Panther Power Salad Pork Fritter on Bun Cheeseburger on Bun Steamed Corn Steamed Carrots Fresh Fruit Assorted Fruit Cups	9 Panther Power Salad Catfish on Bun Pepperoni Pinwheel Steamed Spinach Potatoes Wedges Fresh Fruit Assorted Fruit Cups	10 Panther Power Salad Salisbury Steak & Gravy Chicken Patty on Bun Whipped Potatoes Green Peas Fresh Fruit Assorted Fruit Cups	11 Panther Power Salad Hot Dog on Bun BBQ on Bun Romaine Toss Salad Baked Beans Sweet Potato Puffs Fresh Fruit Assorted Fruit Cups
14 Panther Power Salad Chicken Tender & Waffle Fish on Bun Roasted Potatoes Cinnamon Apples Seasoned Greens Fresh Fruit Assorted Fruit Cups	15 Panther Power Salad Assorted Pizza Taco & Cheese/Lettuce/Tomato Steamed Corn Fresh Veggie Cups Black Beans Fresh Fruit Assorted Fruit Cups	16 Panther Power Salad Cheeseburger on Bun Ham & Cheese on Bun Garden Salad Steamed Beets Oven Baked Fries Fresh Fruit Assorted Fruit Cups	17 Panther Power Salad Chicken Salad w Crackers Pork Fritter on Bun Sweet Potato Puffs Green Peas Salad Cup Fresh Fruit Assorted Fruit Cups	18 Panther Power Salad Chicken Alfredo Over Pasta Pizza Pinwheel Steamed Broccoli Steamed Carrots Fresh Fruit Assorted Fruit Cup
<h2 style="color: #4a7ebb;">School Closed MLK Day</h2>	22 Panther Power Salad Chicken Caesar Wrap Hot Dog on Bun Baked Beans Steamed Spinach French Fries Fresh Fruit Assorted Fruit Cups	23 Panther Power Salad Chicken Noodle Soup Ham & Cheese on Bun Grilled Cheese Chopped Salad Peach Cobbler Fresh Fruit Assorted Fruit Cups	24 Panther Power Salad Salisbury Steak & Gravy Pork Fritter Whipped Potatoes Steamed Broccoli Whole Wheat Roll Fresh Fruit Assorted Fruit Cups	25 Panther Power Salad BBQ On Bun Chicken Patty on Bun Cinnamon Baked Apples Baked Beans Sweet Potatoes Puffs Fresh Fruit Assorted Fruit Cups
28 Panther Power Salad Pizza Pinwheel Cheeseburger on Bun Steamed Greens Corn on Cob Fresh Fruit Assorted Fruit Cups	29 Panther Power Salad Oven Roasted Chicken Meatloaf & Gravy Whipped Garlic Potatoes Green Beans Whole Wheat Roll Fresh Fruit Assorted Fruit Cups	30 Panther Power Salad Spaghetti w Meat Sauce Cheeseburger on Bun Romaine Toss Salad Steamed Corn Garlic Bread Fresh Fruit Assorted Fruit Cups	31 Panther Power Salad Orange Chicken Egg Roll Vegetable Fried Rice Steamed Broccoli Salad Cup Fresh Fruit Assorted Fruit Cups	