

Monday	Tuesday	Wednesday	Thursday	Friday
<b>January</b>	<b>2019</b>	<b>C.C.E.S</b>	3 Tiger Cold Plate Chicken Quesadilla Fish on Bun Baked Beans Steamed Spinach Fresh Fruit Assorted Fruit Cups	4 Tiger Cold Plate Pizza Hut Pizza Green Peas Steamed Corn Fresh Fruit Assorted Fruit Cups
7 Tiger Cold Plate Chicken Drummies Biscuit Pepperoni Pinwheel Sweet Potato Puffs Steamed Kale Fresh Fruit Assorted Fruit Cups	8 Tiger Cold Plate Spaghetti with Meat Sauce Chicken Patty on Bun Garlic Knots Steamed Broccoli Steamed Carrots Fresh Fruit Assorted Fruit Cups	9 Tiger Cold Plate Salisbury Steak & Gravy Chicken Nuggets Whipped Sweet Potatoes Green Beans Whole Wheat Roll Fresh Fruit Assorted Fruit Cups	10 Tiger Cold Plate Bun Hot Dog on Bun Cheeseburger on Bun Baked Beans Steamed Greens Fresh Fruit Assorted Fruit Cups	11 Tiger Cold Plate Pizza Hut Pizza Roasted Potatoes Toss Salad Fresh Fruit Assorted Fruit Cups
14 Tiger Cold Plate Ham & Cheese on Bun Hot Dog on Bun Vegetable Soup Chopped Salad Fresh Fruit Assorted Fruit Cups	15 Tiger Cold Plate Chicken Tender & Waffle Fish on Bun Roasted Potatoes Steamed Kale Cinnamon Apples Fresh Fruit Assorted Fruit Cups	16 Tiger Cold Plate Chicken Patty on Bun Salisbury Steak & Gravy Steamed Broccoli Whipped Potatoes Whole Wheat Roll Fresh Fruit Assorted Fruit Cups	17 Tiger Cold Plate Ground Beef & Macaroni Chicken Fajita Wrap Garden Salad Steamed Carrots Garlic Bread Fresh Fruit Assorted Fruit Cups	18 Tiger Cold Plate Pizza Hut Pizza Green Peas Steamed Corn Fresh fruit Assorted Fruit Cups
21 <b>School Closed MLK Day</b>	22 Tiger Cold Plate Chicken Tenders Hot Dog on Bun Baked Beans Steamed Spinach Assorted Fruit Cups Fresh Fruit	23 Tiger Cold Plate Oven Roasted Chicken Oven Baked Catfish Whipped Potatoes Whole Wheat Roll Green Beans Fresh Fruit Assorted Fruit Cups	24 Tiger Cold Plate Turkey & Cheese on Bun Cheeseburger on Bun Baked French Fries Green Peas Fresh Fruit Assorted Fruit Cups	25 Tiger Cold Plate Pizza Hut Pizza Chopped House Salad Steamed Beets Fresh Fruit Assorted Fruit Cups
28 Tiger Cold Plate Chicken Salad on Bun Chicken Quesadilla Steamed Carrots Steamed Kale Fresh & Assorted Cups	29 Tiger Cold Plate Chicken Noodle Soup Grilled Cheese Sandwich Romaine Toss Salad Assorted Fruit Cups Fresh Fruit	30 Tiger Cold Plate Pizza Pinwheel Fish on Bun Green Peas Steamed Corn Fresh & Assorted Cups	31 Tiger Cold Plate Spaghetti w Meat Sauce Chicken Patty on Bun Garden Salad Green Beans Garlic Knots Fresh & Assorted Cups	